



2012 Style Show & Luncheon...

By Amanda Burks, Director, Community Outreach & Special Events

Mark your calendars for Hospice of Dayton's Annual Style Show & Luncheon.

Mark your calendars for Hospice of Dayton's Annual Style Show & Luncheon! Last year's event was a huge success with nearly 400 in attendance. This year, we anticipate even greater success as we present *The Jungle of Life* Style Show and Luncheon on Friday, September 21, 2012 at The Ponitz Center at Sinclair Community College. Event highlights include a silent auction, a "wild" style show featuring fashions from Bello One, Pieces of Style, The Secret Ingredient and Joli Boutique, a fabulous raffle featuring unique items and experiences, and guest emcee Marsha Bonhart.

Tickets are \$70 per person and the deadline for registration is September 14. Tickets may be purchased online at www.hospiceofdayton.org, or by contacting Special Events Coordinator Marsha Bernard at mbernard@hospiceofdayton.org or 937-258-5537.

Sponsored by: Premier Health Partners, Vectren, Levin Family Foundation
Dessert Sponsor: CareSource

NEW FOR 2012 – Top Model Contest! The online "Top Model" Contest begins August 1. Visit www.hospiceofdayton.org and click on the Event tab, or scan the QR code below for more information and to cast your vote! Winner will be announced at the Luncheon.



Hospice of Dayton Journey is published quarterly for patients, families, staff members and friends of the Hospice of Dayton, Inc.

Kent Anderson, President/CEO

Brenda Humfleet, President
 Hospice of Dayton Foundation

Founded in 1978, The Hospice of Dayton had served more than 109,000 families. Send suggestions and comments to Lori Poelking-Igel, Director, Leadership Giving. If you would like to be removed from our mailing list, please call us at 937-258-5537 or visit www.hospiceofdayton.org and choose the newsletter link and follow instructions for removal.



Hospice of Dayton meets the Better Business Bureau of Dayton/Miami Valley Charity Standards.



www.hospiceofdayton.org
 937-258-5537

5K Remembrance Walk...

By Amanda Burks, Director, Community Outreach & Special Events

Saturday, November 3, 2012 10:00 a.m.
 Hospice of Dayton Care Center

The Hospice of Dayton 5K Remembrance Walk is a wonderful way to honor and remember a loved one while supporting the mission of the Hospice of Dayton. This beloved fundraising event draws hundreds of participants each year, some as individual, others as teams. Registration is open and participants of all ages can enjoy this Walk.

Registration begins at 8:30 a.m. at Hospice of Dayton Care Center on Wilmington Avenue and the Walk begins at 10:00 a.m. The wheelchair and stroller accessible course meanders through the beautiful Hospice of Dayton campus and into the surrounding neighborhood. The Walk concludes back at Hospice of Dayton. Door prizes and Team Awards are presented following the Walk.

Call 937-258-5537 for more information or to register your team.
Sponsored by: Med•Pass



Beauty Found in Unplanned Spaces of Life...

By Ashley Wright, Content and Publications Specialist

The bride stood beneath a tall tree overlooking one of the beautiful ponds on the grounds at Hospice of Dayton. She hadn't envisioned having her wedding here nine short weeks ago when the planning began but, like most things, beauty is often found in the unplanned spaces of life.

With her sights set on an outdoor ceremony, but difficulty finding a venue for a mid-week wedding, her manager Betty Brown prompted her to walk the grounds of Hospice of Dayton and see if this could possibly be the spot. It didn't take long for Summer to realize that this was the place where she would be married—a

place near and dear to her heart in more ways than one.

Summer's relationship with Hospice of Dayton began five years before when her father was a hospice patient. Already a State Tested Nursing Assistant, Summer was amazed at the type of care her father

received from Hospice of Dayton. After his passing, she knew that she wanted to be able to care for others in the same way. In November of 2011, Summer became a staff member at Hospice of Dayton and has spent her time making a difference in the lives of her patients everyday in the same way that other hospice caregivers had made a difference for her father.

Summer was married in front of friends and family while patients and staff peered through the windows to witness the celebration. She was a glowing bride surrounded by those that love her with the presence of her father with her at all times. After a short honeymoon she returned to doing what she loves: caring for the patients and families at Hospice of Dayton.



INSIDE ARTICLES: Always Seek First to Serve, Then to Lead • Opportunities • Cultivation of the Soul • Miami Valley Rose Society
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 Treasures to be Found • Style Show & Luncheon • 5k Remembrance Walk





Kent Anderson, President/CEO

Always Seek First to Serve, Then to Lead...

By Kent Anderson, President/CEO

At Hospice this year we are marking an anniversary in which we take great pride.

Through the hands, hearts and will of our staff, Hospice of Dayton's mission has been sustained and flourished for thirty-five years. I am continually astonished by the care and services our incredible staff delivers.

At Hospice of Dayton we ask our teammates to embrace the two fundamental principles of servant leadership and permission-based hospitality. Servant leadership reminds us to never come from a place of position or title, but rather



always seek first to serve, then to lead. Permission-based hospitality ensures we always seek permission

to serve, and that the people we are privileged to serve feel good about receiving our care. The exceptional commitment to these principles and our mission demonstrated by our staff enables us to provide superior care and superior services. Their passion is a source of inspiration and their strength continually energizes our mission as we touch and celebrate the lives of more patients and families than ever before.

Quality Opportunities...

By April Brown, Content and Publication Specialist

This is one more way we can support our community and contribute to the quality of life.

Hospice patients often benefit from donated blood to help them have a higher quality of life, so hospice staff members welcomed the opportunity to donate blood through the Community Blood Center (CBC) of Dayton. Serving fifteen counties in southwestern Ohio, the CBC relies on volunteer donations to meet the 335 pints of whole blood that must be collected daily to sufficiently meet patient transfusion needs.

Thirty-six Hospice of Dayton staff members filled every available slot when sign-ups were held for a June blood drive at the Hospice House on Wilmington Avenue in Dayton. Twenty-three pints of blood were collected, with each of the donated pints having the potential to save up to 3 lives. The effort will become a regular opportunity for staff members in the future. Kate Killian, Director of Hospice House care, explains that "due to the tremendous response to our drive, Hospice of Dayton has committed to sponsoring another blood drive on site on January, 24, 2013. The opportunity to donate blood is one more way we can support our community and contribute to the quality of life in the Miami Valley."



David Runyon, HOD Staff



Carl Nichols and Jamie Jarosik

Bowl for Hospice...

By Amanda Burks, Director, Community Outreach & Special Events

The 15th Annual Bowl for Hospice is a great family event!

Sunday, October 7, 2012

Poelking Woodman Lanes and Poelking Marian Lanes

This year's event will be bigger than ever with two bowling centers participating at the same time - Poelking Woodman Lanes in Kettering and Marian Lanes in Huber Heights. Join local celebrities Carl Nichols and Jim Bucher at this

fantastic family event and show your support of the Hospice of Dayton! Highlights include live music, pizza (courtesy of Papa Johns) and exciting door prizes! For more information, contact Hospice of Dayton Foundation at 937-258-5537.

A Fantastic Time was had by All...

By Amanda Burks, Director, Community Outreach & Special Events

The event was a huge success and we extend our sincerest appreciation to all who helped make this event possible, including our many volunteers, golfers and sponsors. Your support makes a difference in the lives of many and we appreciate your commitment to our mission.



Left to right: Kent Anderson, Jamie Schade, Matt Buse and Dave Gasper

Special thanks to our Event Sponsors: MERRILL LYNCH, THE SCHADE GROUP, Therapy Support, Thaler Machine Co., Brown & Bills Group, Champion Apparel & Promotions, Inc., James Investment Research, Inc., MedTrans

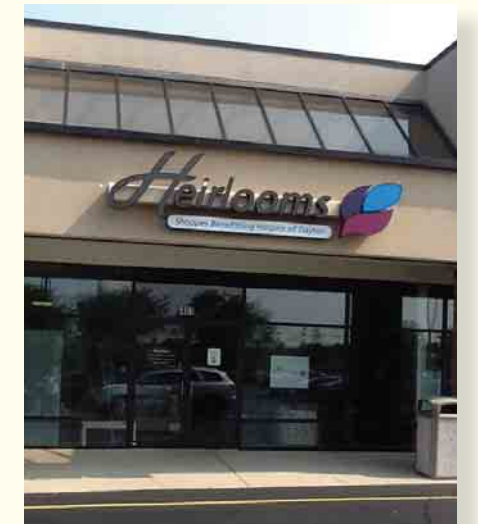
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Treasures to be Found...

Today's consumer puts a high premium on a good buy, and the Heirlooms Shoppes supporting Hospice of Dayton and Hospice of Butler & Warren Counties offer savvy shoppers a great opportunity to find fabulous bargains for a fraction of their original cost.

Antiques, collectibles, furnishings, accessories, artwork and even vintage clothing are available at the Heirlooms locations at bargain prices!



Donated items are accepted at the Heirlooms Shoppes by calling 937-258-5537. Pick-up and delivery services are available.

Store locations:
Centerville
361 Miamisburg-Centerville Rd.
937-435-1588

Dayton
1413 Wilmington Ave.
937-294-9200

Remember you can always make a tax deductible gift of merchandise!



Our Youth Soar as Eagles...

By April Brown, Content and Publication Specialist

Kunal and Kevin are such caring teen volunteers to share their time and talents as part of their Eagle Scout projects, they are examples of the Boy Scout promise ‘to serve others.’

There is no greater representation of a community’s accomplishment than seeing its youth give selflessly of their time in an effort to benefit others. Aspiring Eagle Scouts Kunal Gupta and Kevin Haney, are two outstanding examples of this.

To earn the coveted title of “Eagle Scout,” all scouts are required to complete a service project with the purpose of fulfilling the part of the Scout Oath, “to help other people at all times” as well as to aide in developing valuable leadership skills.



Kevin Haney

For Kevin’s project, he chose Hospice of Dayton because of a personal connection—his grandmother was on hospice services two years ago and he and his family loved the care that she received. When it was his turn to give back, he chose to do so by helping beautify the grounds through mulching, planting, painting, and general clean up. Kevin led a volunteer team of over 23 parents and friends on the project. The team set out to work while patients watched through their windows, occasionally giving the workers directions for good places to plant new flowers that would be easily viewed from the patient care suites. Kevin said that he enjoyed his time at Hospice of Dayton and would love to continue volunteering. In the meantime, he is spending the summer finishing up his Eagle Scout application and serving as a camp counselor for a local Boy Scout camp.

Kunal Gupta was also instantly connected to Hospice of Dayton after his grandmother was diagnosed with brain cancer in 2008 and placed on hospice services. “After being here, I wanted to do something for Hospice,” said Kunal. Combining his passion for Scouting with his wish to support Hospice of Dayton, Kunal enlisted help from his Huber Heights troop, and several friends from Centerville High School, and launched a landscaping project, clearing a large area near the Hospice House’s Family and Friends Entrance, laid sod and planted a beautiful garden. The project was completed in the spring of 2012, enabling patients, families and staff to enjoy a beautiful and serene setting for conversation or contemplation.



Kunal Gupta

Kunal, who will begin Biomedical Engineering studies at Ohio State University in the fall, joined the Boy Scouts of America in the sixth grade, and began working toward the highest Scout ranking when he got to high school. “My parents supported me a lot. They always tried to guide me and challenge me.”

Kunal and Kevin are two of four aspiring Eagle Scouts volunteering their service to Hospice of Dayton. Eagle Scout candidates Joey Ritter and Colin Bramble have projects in process.

“Kunal and Kevin are such caring teen volunteers to share their time and talents as part of their Eagle Scout projects,” said Miriam Morrison, Director of Volunteer Services. “They are examples of the Boy Scout promise ‘to serve others,’ and Hospice of Dayton staff enjoyed working with them. We’re excited about the next projects of Joey and Colin.”



Brenda Humfleet, President, Hospice of Dayton Foundation and Vice President, Hospice of Dayton, Inc.

Cultivation of the Soul...

By Brenda C. Humfleet, President of Hospice of Dayton Foundation and Vice President, Hospice of Dayton

Robert Louis Stevenson once said, “Don’t judge each day by the harvest you reap, but by the seeds you plant.”

During a recent vacation, I had the opportunity to sit under a shade tree sipping a satisfying glass of freshly squeezed, ice-cold lemonade and reading from a book entitled, “Care of the Soul.” The author, Thomas Moore, describes it as a guide for cultivating depth and sacredness in everyday life. In it, Mr. Moore explains the significance of honoring the “voice of the soul”.

As a teenager from the self-discovery, meditational sixties, my school friends and I spent more than a few hours discussing the meaning of life and soulfulness, therefore, I wasn’t particularly surprised to find that Moore ties soulfulness to life in all its particulars – good food, satisfying conversation, genuine friends and experiences that stay in the memory and touch the heart. He goes on to say that, “soul is revealed in attachment, love, and community...”

During the more than 15 years I’ve invested as a member of the senior leadership team at Hospice of Dayton, I’ve had the honor to learn about care and cultivation of the soul as demonstrated by our patients and their families. Once someone has been diagnosed with a terminal illness and given a prognosis of six months or less to live, one of two things happen – the person draws from inner strength and the love and

support of family and close friends or the person discovers that their emotional “bank account” is empty or overdrawn.

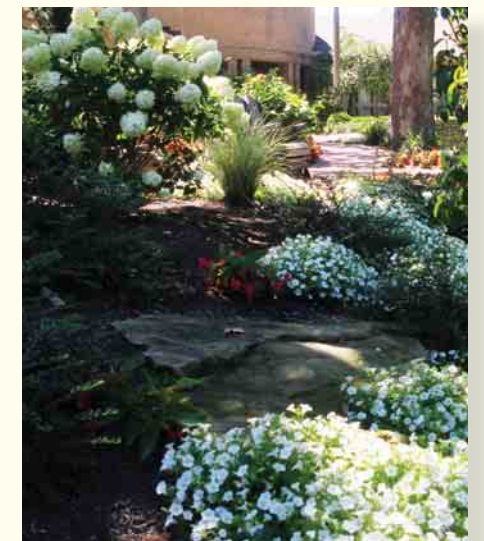


Left, Brenda and Tony Humfleet (Dec.). Right, Linda and Jon Poelking (Dec.), founder of Bowl for Hospice

My husband soldiered on through his lengthy terminal illness, keeping his priorities in order, ever mindful of how he spent each day. He was equally appreciative of the rain and the sun. Tony saw the gift of another day to spend with his family as being a great day. Rather than ruminate on the “why” of his illness, he chose to focus on the abundance of blessings in his life. Care of the soul is inspiring. He, like many of our patients, focus on appreciating their blessings, large and small, rather than lamenting about or solving the puzzle, complexity, or perceived unfairness of life.

Robert Louis Stevenson once said, “Don’t judge each day by the harvest you reap, but by the seeds you plant.” Our donors live that

sentiment each time they plant seeds of support, making it possible for us to perpetuate our Mission of superior care and services to those who need us. For those of you who regularly support our Mission of care and services for those facing life-threatening illness, thank you.



For those of you who also want to consider extending your annual support to include making Hospice of Dayton a beneficiary of your largess by including us in your estate planning, future patients and generations, please let us know of your intentions by returning the enclosed reply card. You will become a member of the Hospice of Dayton Legacy Circle. The seeds you are planting will be harvested one day in service of those who need care.

Miami Valley Rose Society helps Hospice Grow...

By Ashley Wright, Content and Publications Specialist

The Miami Valley Rose Society has been growing and tending to the gardens at Hospice of Dayton for many years.

According to Rose Society representative Teresa Ramsey, the arrangement has benefited both organizations. “Initially, I came to learn to care for the roses from the many wonderful teachers here,” Teresa explains. “Over the years the gardens have grown tremendously and Hospice of Dayton has continued to teach me while also allowing the rest of the society and me to experiment with different types of roses and plantings. For me, I find comfort and peace just walking the grounds and working in the gardens knowing that patients, families, and staff will enjoy the fruits of our labors.”

The Miami Valley Rose Society is a non-profit organization with a goal of educating and beautifying the community. Teresa explains “Roses represent acts of love, caring, and appreciation. When people are going through so much at Hospice of Dayton, to be able to offer them the roses, for all the things that they mean, is really wonderful. And the roses, they reward us if we care for them by providing us with beautiful flowers. I want people to come and walk the grounds and see for themselves the beauty that is here. Maybe, like me, you’ll find that you are soothed by this place too. For the many who have found serenity and peace while enjoying the rose blooms at Hospice of Dayton, we thank the Miami Valley Rose Society for their work. 🌿



Teresa Ramsey, The Miami Valley Rose Society



Joe Cox (15 years); Dave Bramlish (15 years); Jenny Siehl (17 years); John Siehl (19 years)

Once Isn't Enough...

By Bernadine Parks, MS, PCC-S, Director Pathways of Hope

For many Camp Pathways volunteers, once isn't enough! This year, over 70% of our camp volunteers were past volunteers; 30% have served for five years or more.

Everyone has a different idea about how to best spend a long weekend away. For most, spending 56 hours adhering to a schedule of someone else's making, sharing bathroom facilities, sleeping in dorm style bunk beds, eating food designed to appeal to a child, and listening to stories of childhood loss and grief, would not be their ideal long weekend. Yet every year, well over 50 adults sign up for just such a

weekend to serve as *Camp Pathways* volunteers. For some, *Camp Pathways* service is a long-term family commitment. After his own camp volunteer experience, John Siehl (19 years of service) encouraged daughter Jenny to join him; Jenny has now been with the camp for 17 years. Another committed team is Dave Bramlish (15 years) and daughter Liz (12 years). For fifteen years, Dave Cox has given up a weekend with

his own growing family to serve the children of *Camp Pathways*; The Branick brothers, Kevin, Sean, and Chris, campers themselves as children, have been coming back for the last seven years.

While everyone has their own story about what brought them to volunteer, they all come back for the same reason—the bereaved children and teens of *Camp Pathways*. 🌿

For Love of Bailey...

By Cheri Spencer, Hospice of Dayton Volunteer

Oh, what God can do with 5 lbs. of fur, a little wet nose and a wagging tail!

There is a very special little Yorkie, named Bailey, who God entrusted to my care almost 13 years ago. Through visiting with my late sister as she struggled with cancer, I noticed a special gift that God had given my precious little Bailey.



I came across a brochure at church about an animal-assisted therapy program. Soon, Bailey and I were a Certified Animal-Assisted Therapy Team serving at Hospice of Dayton. Most people tell me they aren't

comfortable around the dying, but Bailey and I had witnessed the passing of someone very precious. We see things quite differently. I see a little part of my sweet sister in each patient we visit. At Hospice, this dear little dog specifically seeks out dying patients. He is on a mission; Bailey grants the dying a break from the painful and fearful journey they travel. His little wagging tail and bright eyes happily greet the patients as he awaits the permission to “give them kisses”. Bailey instinctively senses cancer and works as hard as he can to position his tiny body on top of it to guard and protect. If placed in bed with a quadriplegic, he goes directly to their face where they can see him and feel his sweet lavish kisses. Oh the joy he brings! Many times a family member will say, with tears in their eyes... “That is the first time he or she has laughed in months.”

When the patient is comatose; and with the family member's permission, Bailey once again goes to work. “Wake em' up, Bailey,” I say... He kisses their face until their mouth closes and their shoulders start to move. Then he steps up to their eyes and kisses their eye-lids until they open and their loved ones have a chance to say their final good-byes.

Recently I placed Bailey on the chest of a restless, comatose patient. His wife placed his hands on Bailey, but the patient's hands fell limp at his side. The patient moved constantly as if searching for a comfortable position. I explained to his wife how Bailey wakes some patients from a comatose state. Saddened by the fact that her husband had been restless for quite some time, she anxiously agreed to give Bailey a shot.

Bailey kissed his face until he closed his mouth and began reaching for him. The patient's wife again placed her husband's hands on Bailey. The patient began giving Bailey some precious “loving” as Bailey snuggled against his chest and kissed his neck. The patient relaxed and began to breathe peacefully. Then he removed a pillow that was protecting his stomach, pushed away the covers and exposed his stomach. His wife said “He wants Bailey to lie on his stomach like his little dog did at home.” She was relieved to see her husband at rest with a peaceful expression on his face. She hugged, kissed and thanked Bailey for the gift of peace he had given to her husband. 🌿

