

## A Multicultural Perspective on Kindness and Healing

## Presented by Khenmo Drolma A BUDDHIST ABBESS TRAINED UNDER THE DALAI LAMA

You are invited to come join in as Abbess Khenmo Drolma brings words of inspiration and training on how to teach your mind to see all whom you meet as beloved, and how to practice compassion and loving kindness on and off the cushion.

## Hors d'oeuvres will be served!

The event will take place Tuesday, December 4. We would be happy to reserve a seat for you. There is no cost to attend. Please let us know if you are able to join us. As there is limited seating, please RSVP by Friday, November 30.

> Tuesday, December 4, 2012 4:00 p.m. - 8:00 p.m. **Hospice of Dayton Community Room** 324 Wilmington Avenue Dayton, Ohio 45420

4:00pm-5:30pm

Khenmo will arrive/tour and "Meet and Greet"

6:00pm-7:00pm

"Radiating Kindness" **Expanding our Capacity for Kindness and Compassion** 

7:00pm-8:00pm

Questions and wrap up

There will be a second public lecture held at Gar Drolma Buddhist Center Friday, December 7 from 7:00-9:00pm. The topic will be "Strong Emotions: Our Faithful Teachers."

To RSVP, please email Donna Clark at dclark@hospiceofdayton.org or call (937) 256-4490 ext. 1102

